PORT WASHINGTON

BUCCANEERS

FOOTBALL

Parent Informational Meeting

2-17-16

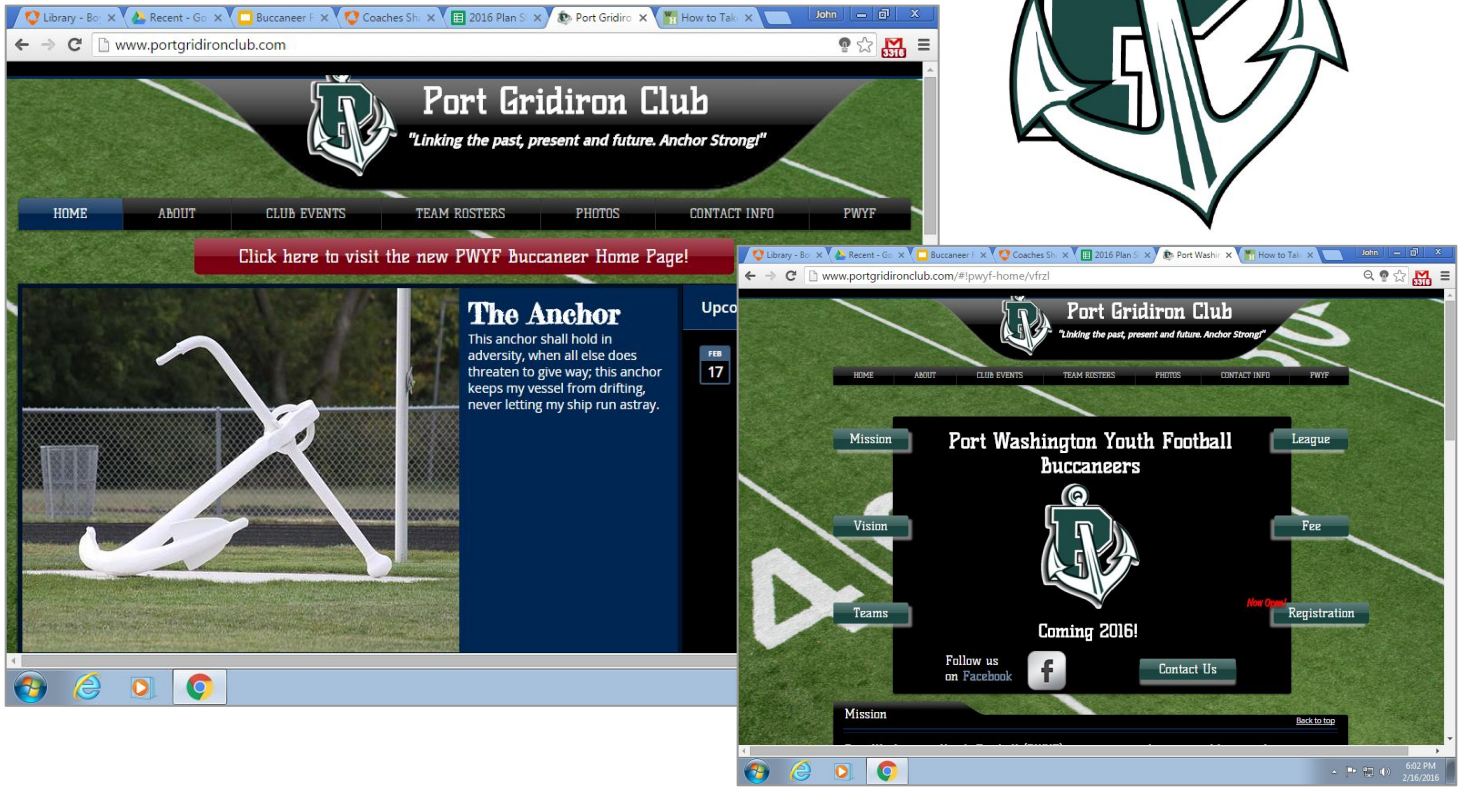
Welcome!

Youth President

Meeting Format

Coaches

Port Gridiron Club



Mission/Vision

Port Washington Youth Football (PWYF) exists to provide young athletes with positive experiences in learning the game of football.

- PWYF will provide youth with positive, fun experiences that will promote athletic improvement and character development.
- PWYF will implement a football curriculum, appropriate for each grade level, that seamlessly integrates with the Port Washington High School program.
- PWYF will be affordable for all families.
- PWYF will be a fundamental/skill-based organization

League: Eastern Conference Youth Football League (ECYFL)

8 Team League: Port Washington, Ozaukee, Random Lake, Elkhart Lake, Plymouth, Kohler Christian (LKC), Oostburg

To provide youth an opportunity to learn the Game of Football with development of all Players the Focus

ECYFL: Has a focus on youth development and has specific rules regarding playing time, Player rotations and dispersing skilled athletes across teams.

High School Participation is required: Must run the Offense and Defense/ No scouting of opposing teams allowed must provide offense and defensive formations Sunday prior to game

ECYFL: Has a program in place to deal with negative coaching behaviors and disciplinary actions

Eligibility: Must reside or attend the Port Washington-Saukville School district

Facebook/Community/Communications

All PWYF Buccaneers fundraising information, volunteer opportunities, reminders, updates, practice schedules and game schedules will be posted on Facebook!

Extremely supportive feedback from members in both Port Washington & Saukville communities! Youth football is an educational, challenging, positive and fun experience--all of which you'll find with the Buccaneers!

Please **like** and **share** our FB page! **Port Washington Youth Football Buccaneers**

THANK YOU!!

Practice

Port Washington High School practice field

Monday - Thursdays

Summer 5:30pm- 7:30pm

Start date - August 1, 2016

In Season Schedule 5:30-7:00. Times will vary as we get closer to late fall.

When school begins, practices will be held 3 times a week (days TBD based upon home or away games)

Practice plan

Practice Philosophy

- Be Organized - Have a plan.
- All Coaches Coaching.
- Tempo- Everything Fast - Reps
- Enthusiasm! Positive- Be Intense!
- Make it Fun!
- Competition! Make the kids compete in every practice.
- Continually Learning -How do we getter better?

Sample Practice Plan

Buccaneers Summer Practice Schedule - Sample

5:30-5:45	STRETCH/FORM RUNNING
5:45-6:00	M-W AGILITY/SPEED TRAINING
5:45-6:00	T-TH SPECIAL TEAMS
6:00-6:05	WATER BREAK
6:05-6:15	OFFENSIVE INDY
6:15-6:25	DEFENSIVE INDY
6:25-6:30	WATER BREAK
6:30-6:40	M-W INSIDE DRILL/SKELLY
6:30-6:40	T-TH DEFENSIVE PURSUIT DRILL
6:40-7:00	TEAM DEFENSE
7:00-7:05	WATER BREAK
7:05-7:30	TEAM OFFENSE

Games

Tuesday Home/ Thursday Away

- Games have 8-minute quarters; no running clock
- Scouting of opposing teams is not permitted
- Coaches are required to disclose playbooks to other teams prior to start of the season
- How playing time is decided
- High school game field
- Multiple teams can be organized and entered into the league at each level
- Weekends free

Equipment

Players will receive:

- Helmet/ Mouth Guard
- Shoulder Pads
- Girdle/Knee Pads
- Practice/ Game Pants and Jerseys

BSN SPORTS

High School Contribution

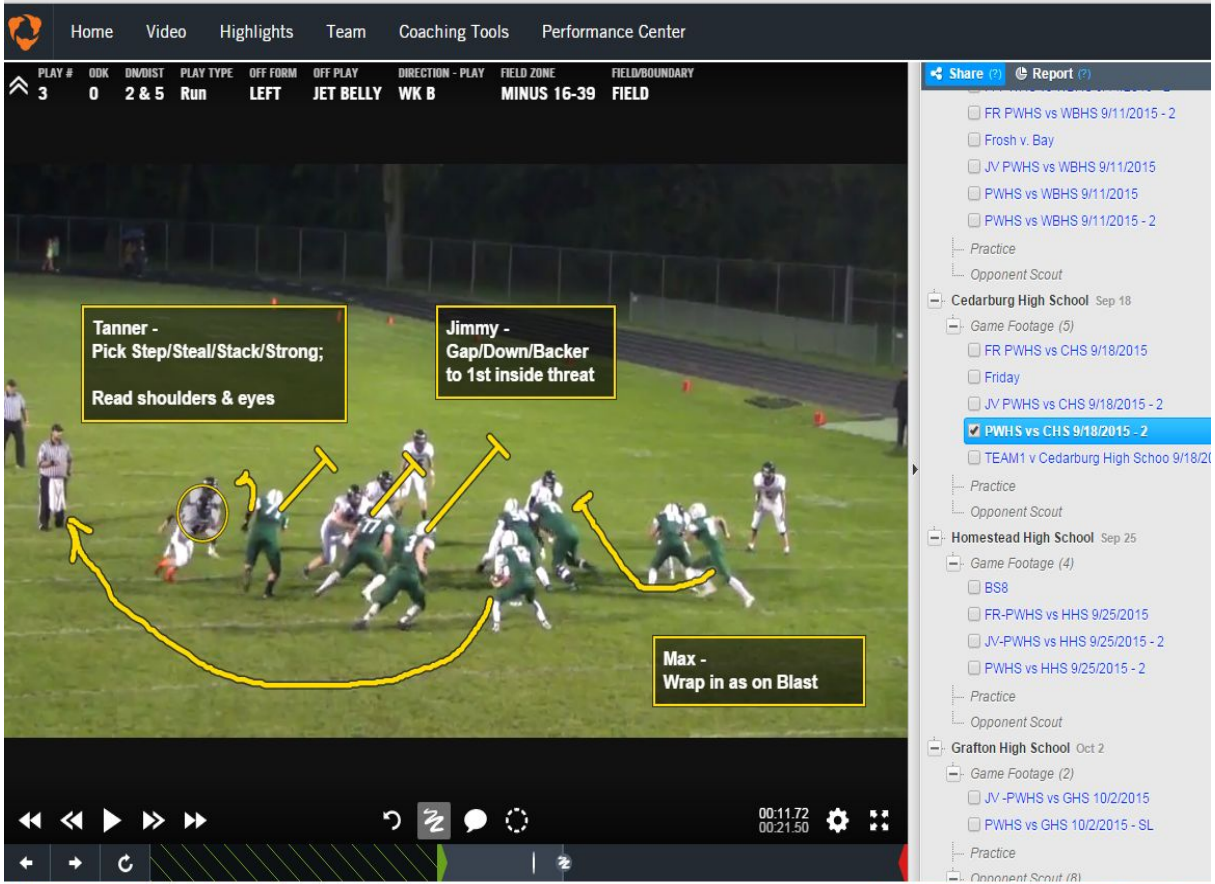
Goals of Programs:

- Establish a league-mandated unified philosophy and system at all levels
- Implement curriculum across Flag , Youth, and Varsity Football Programs
- Ongoing education: Monthly coaching meetings

Measures of Success:

- Increased participation at all levels
- Players are prepared, having fun, and are confident
- Coaches at all levels are prepared and confident in what they are teaching
- Practices are well organized, high tempo, and emphasize skill-based learning

Players,coaches and families and community have a higher degree of ownership and pride in all of our teams. Family!



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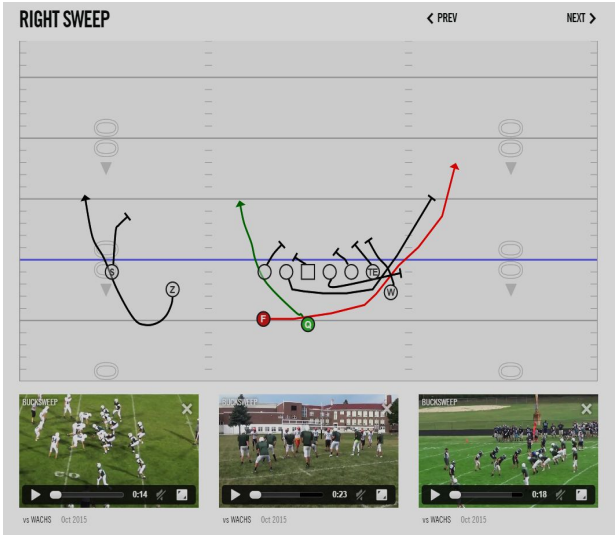
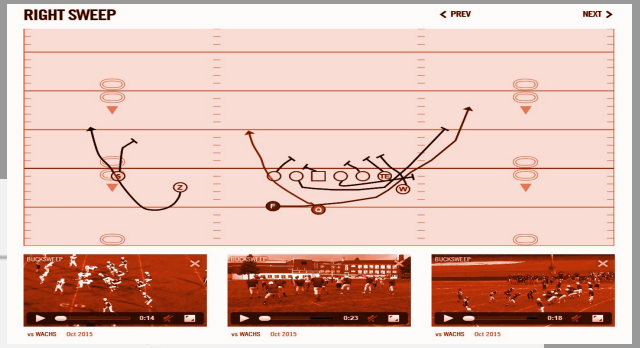
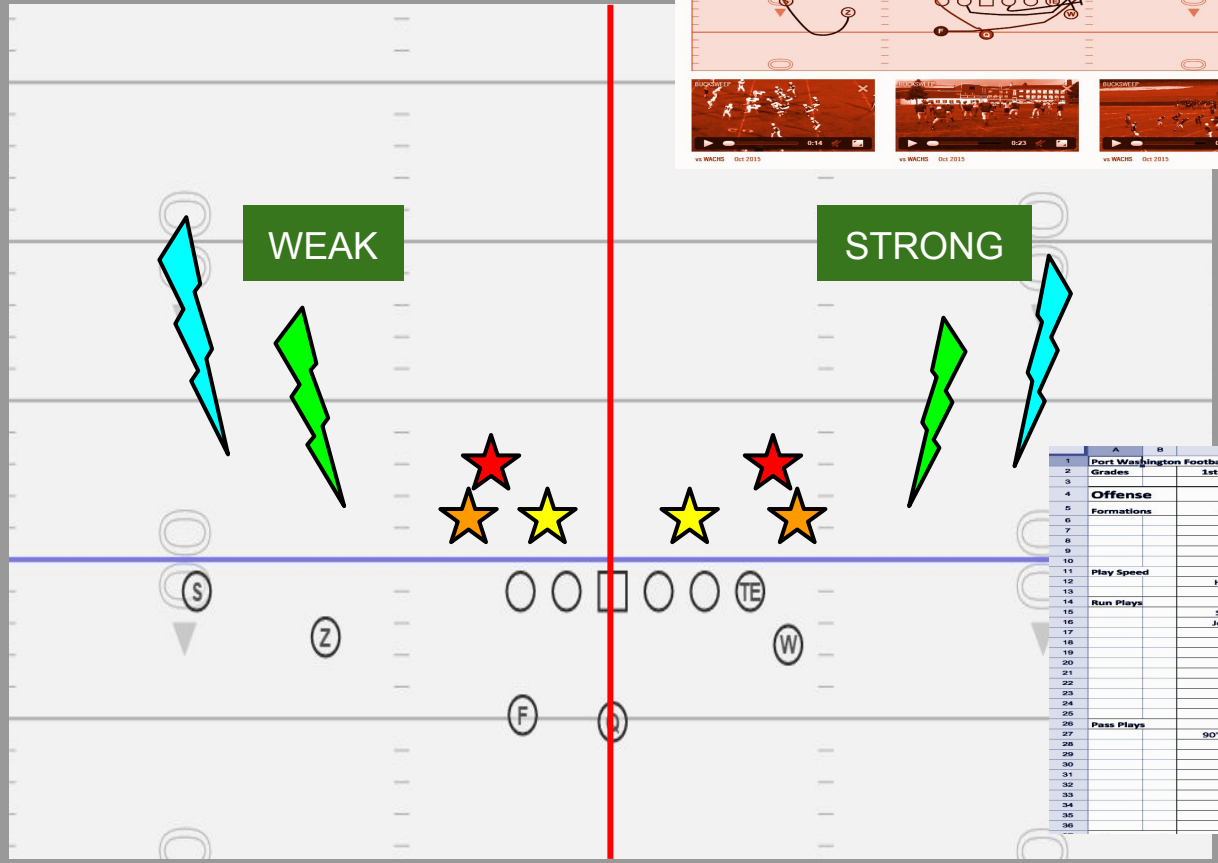
- **Share**
- **Teach**
- **Plan**



Offense - The Good Guys



WEAK	STRONG
Jet Belly -	- Blast
Jet Give -	- Bucksweep
Jet Counter -	- Criss Cross
Jet Boot -	- Waggle
Jet Keep -	- Flood



	A	B	C	D	E	F	G	H	I	J
1	Port Washington Football Curriculum									
2	Grades		1st and 2nd	3rd and 4th	5th and 6th	7th and 8th	9th Grade			
3			Flag	Flag	Youth	Youth	Port			
4	Offense			Pistol/Snap	Pistol/Snap	Pistol/Snap	Pistol/Snap			
5	Formations		Right	Right	Right	Right	Right			
6				Left	Left	Left	Left			
7					Right Over	Right 8 (Over)	Right 1-8			
8					Left Over	Left 8 (Over)	Left 1-8			
9						Right 3/6	Empty Right 1-8			
10						Left 3/6	Empty Left 1-8			
11	Play Speed		Red	Yellow	Green					
12			Huddle	No Huddle Zipper	No Huddle Quick					
13							Run Plays			
14	Run Plays									
15			Sweep	Sweep	Sweep	Sweep	Sweep	Speed Option St		
16			Jet Give	Blast	Blast	Blast	Blast	Speed Option W		
17				Jet Belly	Jet Belly	Cross	Cross	Read (like Jet Sweep St)		
18				Jet Give	Jet Give	Jet Belly	Jet Belly	Veer St		
19					Cross	Jet Give	Jet Give	Veer W		
20						Jet Counter	Jet Counter			
21						G	Jet Read			
22							Jet Trap			
23							Jet Zone			
24										
25							G			
26	Pass Plays						Cross Reverse			
27			90's(3 step)	90's(3 step)	90's(3 step)	90's(3 step)	90's(3 step)			
28				Waggle	Waggle	Waggle	Waggle			
29				Jet Boot	Flood	Flood	Flood			
30					Jet Boot	Jet Boot	Jet Boot			
31					Jet Keep	Jet Keep	Jet Keep			
32						Waggle Screen	Waggle Screen	90 TE Screen		
33						Jet Boot Screen	Jet Boot Screen	90 FB Screen		
34							Slip			
35							Houston			
36							Lazer/Razor			

	2	3	4	5	6
S	Sweep	Blast	Jet Belly	Jet Give	Jet Give
T	Waggle	Sweep	Blast	Jet Belly	Jet Counter
O	Flood	Waggle	Criss Cross	Criss Cross	Jet Zone
K	90	Flood	Jet Keep	Jet Boot	Cross Reverse

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1	Port Washington Football Curriculum							
2	Grades		1st and 2nd	3rd and 4th	5th and 6th	7th and 8th		
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4	**Offense**			Pistol/Snap	Pistol/Snap	Pistol/Snap		
5	Formations		Right	Right	Right	Right		
6				Left	Left	Left		
7					Right Over	Right 8 (Over)		
8					Left Over	Left 8 (Over)		
9						Right 3/6		
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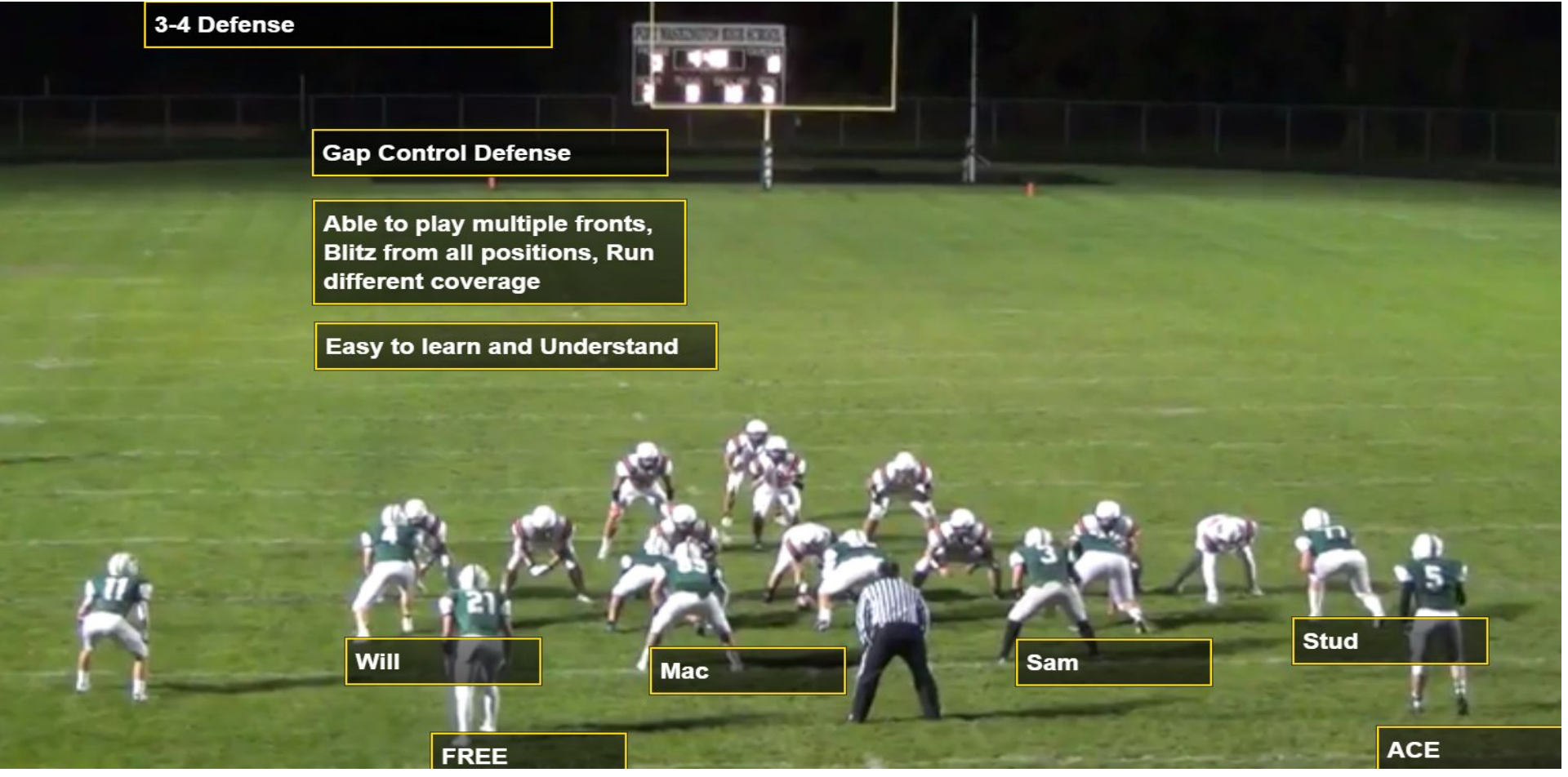
Defense -Bad Guys



Flag Football

Learning of basic fundamentals and terminology that will carry over to the Buccaneer and High School programs

Port Washington Football Curriculum					
Grades	1st and 2nd	3rd and 4th	5th and 6th	7th and 8th	9th Grade
	Flag	Flag	Youth		
Offense		Pistol/Snap	Pistol/Snap		
Formations	Right	Right	Right		
		Left	Left		
			Right Over		
			Left Over		
Play Speed	Red	Yellow	Green		
	Huddle	No Huddle Zipper	No Huddle Qu		
Run Plays					
	Sweep	Sweep	Sweep		
	Jet Give	Blast	Blast		
		Jet Belly	Jet Belly		
		Jet Give	Jet Give		
			Cross		
Pass Plays					
	90's(3 step)	90's(3 step)	90's(3 step)		
		Waggle	Waggle		
		Jet Boot	Flood		
			Jet Boot		
			Jet Keep		
Offensive Drills					
Blocking Prog.	Stance/Start	Stance/Start	Stance/Star		
OL/TE	First step	First step	First step		
	Gap/Down/Backer	Fit Position	Fit Position		
		Gap/Down/Backer	Drive		
			Two-for-Tw		
			Pull - Hat in H		
			90 Steps		
			Gap/Down/Backer	Cut Block	Cut Block
				90 Steps	90 Steps
				Gap/Down/Backer	Gap/Down/Backer

Port Washington Football Curriculum		
Grades	1st and 2nd	3rd and 4th
	Flag	Flag
Defensive		
Fronts	Heads 3-4	Heads 3-4
Coverages	Man (0)	Man(0)
Stunts	Know Gaps	Gaps
		Slant R/L - Rip
Blitzs		
	None	None
Defensive Drills		
Tackling	Alignment	Alignment
Pursuit	Assignment	Assignment
	Pursuit	Pursuit

Summer Camp Date

Port Washington High School Practice Field

July 25th -28th

6pm - 7:30pm

registration info online

Port Gridiron Club

Buddy Program

- One on one attention with High School Players
- Demonstration of drills and techniques
- Build confidence of youth football players

Coaches

USA Football (http://usafootball.com)- Football's national governing body

that strives to create a better, and safer experience for athletes of all ages

USA Heads Up Certification

4 Pillars

- Equipment Fitting
- Concussion Awareness
- Heat and Hydration
- Heads Up Tackling

Coach Education:

- Concussion Recognition & Response
- Heat Preparedness & Hydration
- Sudden Cardiac Arrest
- Proper Equipment Fitting
- Heads Up Tackling
- Heads Up Blocking

Yearly Fundraising:

2016 Season Sponsors - various levels

Season Fundraiser - TBD - Boston Store Community Days

PW Farmers Market (Sept/Oct) Brat Fry & Concessions throughout the year

Gridiron Salt Sale

Spirit Swag - available for purchase soon!

2016 Gridiron Golf Classic

Buccaneer Golf Classic

- FireRidge Golf Club
- August 27th, Noon shotgun start
- Benefits the new Port Washington Buccaneer team
- Prizes, games, contests food and more!

Volunteering Opportunities

Team Lead Parent

Volunteer Coordinator

- Concessions
- Chain Gang

Registration/Fees

$205 per football player

Port GridIron Club website

http://www.portgridironclub.com/

Free parent T-shirts for all who register today!

Breakout Session

This anchor shall hold in adversity, when all else does threaten to give way; the anchor keeps my vessel from drifting, never letting my ship run astray.